

Little Feet Little Face Preschool

WEEK 1 July 3 - 7	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	_____	Grapes & Yogurt _____	Bagels & Cream Cheese _____	WW Toast & Jam _____	Apples & Yogurt _____
		Milk	Milk/Fresh Juice	Milk/Fresh Juice	Milk
LUNCH	SCHOOL CLOSED	Mixed Green Salad Tofu Burgers French Fries Tomatoes Milk/Fresh Juice	Mixed Green Salad Beef Pepperoni Pizza Red Peppers Yellow Peppers Milk/Fresh Juice	Mixed Green Salad Chicken Paprikash Noodles Broccoli Milk/Fresh Juice	Mixed Green Salad Turkey Sandwiches Carrots & Dip Milk/Fresh Juice
AFTERNOON SNACK	_____	Crackers & Cheese _____	Multi Grain Chips & Salsa _____	Oranges & Yogurt _____	Apple Sauce _____
		Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice

WEEK 2 July 10 - 14	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Croissants _____	Cereal _____	WW Toast & Jam _____	Pancakes _____	Bananas & Yogurt _____
	Milk/Fresh Juice	Fresh Juice	Milk/Fresh Juice	Milk/Fresh Juice	Milk
LUNCH	Mixed Green Salad Egg Salad Sandwiches W/W Bread Cucumbers & Dip Milk/Fresh Juice	Mixed Green Salad Beef Goulash Noodles Cauliflower Milk/Fresh Juice	Mixed Green Salad Cheese Burger Mac & Cheese W/W Bread Green Beans Milk/Fresh Juice	Mixed Green Salad Chicken Stir Fry Peas Milk/Fresh Juice	Mixed Green Salad Beef Lasagna W/W Bread Red Peppers Milk/Fresh Juice
AFTERNOON SNACK	Granola Bars _____	Apple Sauce _____	Veggies & Dip _____	Berries & Yogurt _____	Crackers & Cheese _____
	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice

WEEK 3 July 17 - 21	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	WW Toast & Jam _____	Oranges & Yogurt _____	Waffles _____	Cheerios _____	Granola Bars _____
	Milk/Fresh Juice	Milk	Milk/Fresh Juice	Fresh Juice	Milk/Fresh Juice
LUNCH	Mixed Green Salad Chicken Hotdogs Hash Browns Brown Beans Milk/Fresh Juice	Mixed Green Salad Veggie Omelette W/W Bread Celery Sticks Milk/Fresh Juice	Mixed Green Salad Beef Tomato Sauce Spaghetti Broccoli Milk/Fresh Juice	Mixed Green Salad Beef & Veggie Stir Fry Cucumbers Milk/Fresh Juice	Mixed Green Salad Celery Tuna Crackers Cheese Milk/Fresh Juice
AFTERNOON SNACK	Rice Cakes _____	Multi Grain Chips & Salsa _____	Apples & Yogurt _____	Hard Boiled Eggs & Crackers _____	Croissants & Jam _____
	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice

WEEK 4 July 24 - 28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Grapes & Yogurt _____	Croissants _____	Bagels & Cream Cheese _____	WW Toast & Jam _____	Apples & Yogurt _____
	Milk	Milk/Fresh Juice	Milk/Fresh Juice	Milk/Fresh Juice	Milk
LUNCH	Mixed Green Salad Tofu Burgers French Fries Tomatoes Milk/Fresh Juice	Mixed Green Salad Beef & Tomato Sauce Pasta Peas Milk/Fresh Juice	Mixed Green Salad Beef Pepperoni Pizza Red Peppers Yellow Peppers Milk/Fresh Juice	Mixed Green Salad Chicken Paprikash Noodles Broccoli Milk/Fresh Juice	Mixed Green Salad Turkey Sandwiches Carrots & Dip Milk/Fresh Juice
AFTERNOON SNACK	Crackers & Cheese _____	Rice Cakes _____	Multi Grain Chips & Salsa _____	Oranges & Yogurt _____	Apple Sauce _____
	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice	Fresh Juice

* Menus subject to change without notice. * Foods vary per season. * All Juices are Emulsified fresh daily. * Desserts are served on special occasions.